



## The Psych Test

- Make sure the referee has a copy of your resume.
- These can be anything from a 15-minute personality profile e.g. DISC
- All the way up to a 5 hours full psychometric appraisal.
- Virtually all of them will be online these days.
- The trick with these tests is to do them when you are well rested i.e. first thing in the morning, and when you have no distractions i.e. not at work and in a quiet place at home.
- Take your time.
- Do your best.
- Don't try and lie to give them the answers you think they want.
- Ask for a copy of the results – you're entitled to them.